

# Vitamin E natural vegan



## Natural vitamin E: A spectrum of 8 compounds

Vitamin E from natural sources is not a single substance, but rather a group of 8 different fat-soluble compounds (4 tocopherols and 4 tocotrienols), each of which has a different vitamin E activity and each of which fulfils independent tasks in the human organism.

The natural mixture of the vitamin E forms in combination is important as an important protective factor for the body cells. Through its ability to neutralize aggressive oxygen radicals, vitamin E can protect the polyunsaturated fatty acids in the cell membranes and fatty tissues from oxidative damage.

In the sense of a comprehensive and holistic substitution, approximately in times of increased oxidative load, Biogena Vitamin E natural vegan contains the entire spectrum of all 8 Vitamin E connections: Alpha-Tocopherol, beta-Tocopherol, gamma-Tocopherol, delta-Tocopherol as well as alpha-Tocotrienol, beta-Tocotrienol, gamma-Tocotrienol, delta-Tocotrienol. In this way, it is possible to benefit from the synergistic effect of the full vitamin E spectrum.

As a rule, tocotrienols are obtained from the oil palm, which is the richest and cheapest source of them. Out of responsibility for the environment, the raw materials used in Vitamin E natural vegan are sourced from sources such as rice and sunflower. With a high dosage of 100 International Units of Vitamin E per capsule, Vitamin E natural vegan provides a simple supply of this important vitamin from natural sources.

Vitamin E natural vegan - 1 vitamin, 8 compounds, efficient cell protection.

## Vitamin E natural vegan

- Contains the full spectrum of all 8 forms of vitamin E from natural sources
- Vitamin E helps to protect cells from oxidative stress caused by oxygen radicals

## Possible applications

- For a simple, high-dose vitamin E supply
- To support the antioxidative protection systems, especially in case of increased oxidative stress

## Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Hypoallergenic
- Fructose-free
- Vegetable capsule shell
- 100 % vegan

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## INFORMATION

- Quality tested

INGREDIENTS per daily dose	1 Capsule	% NRV*
Tocopherols	115.3 mg	-
thereof alpha-tocopherol	52.6 mg	-
thereof beta-tocopherol	4.1 mg	-
thereof gamma-tocopherol	44.4 mg	-
thereof delta-tocopherol	14.2 mg	-
Tocotrienols	11 mg	-
thereof alpha-tocotrienol	4.3 mg	-
thereof beta-tocotrienol	0.1 mg	-
thereof gamma-tocotrienol	6.1 mg	-
thereof delta-tocotrienol	0.5 mg	-
Corresponds to vitamin E (mg alpha-TE)	67 mg	558
corresponds to I.U.	100	-

\* % of NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Mixed tocopherols, bulking agent: powdered cellulose, hydroxypropyl methyl cellulose (capsule shell), tocotrienol tocopherol, D-alpha tocopheryl acetate.

## RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## PACKAGE SIZE AND CONTENT

60 capsules (2 month supply), 37 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 10.08.2020.



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