

Omega 3 vegan DHA & EPA 450



Vegan omega-3 fatty acids for health and healthy oceans

Microalgae were among the first inhabitants of the earth billions of years ago. A frugal representative of microalgae is *Schizochytrium* sp. - this algae does not need light and feeds on organic material. In order to grow, the algae produces large quantities of the long-chain, unsaturated omega-3 fatty acids eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) on its own.

These omega-3 fatty acids are an important part of any healthy and balanced diet. For example, the daily intake of these essential fatty acids makes a significant contribution to the maintenance of normal heart and brain function and is important for the normal functioning of the eyes. Fish and fish oil provide EPA and DHA, accumulated from the consumption of algae. For all people who want to follow a vegan diet or who want to avoid fish and fish oils for other reasons, we have gone straight to the source with the raw material used here: Biogena Omega 3 vegan DHA & EPA 450 contains a quality-tested algae oil from *Schizochytrium* sp. The algae are grown in sustainable indoor culture and then fermented. This method of production protects marine resources and fish stocks remain unaffected. With every capsule of Omega 3 vegan DHA & EPA 450, you are not only making an important contribution to your health, but also taking a decisive step towards sustainability and environmental protection.

A special feature of this exclusive Gold product is that it contains high doses of both DHA and EPA: The recommended daily dose of 3 capsules provides 1350 mg (900 mg DHA and 450 mg EPA) of these valuable omega-3 fatty acids. Omega 3 vegan DHA & EPA 450 - the new standard for all those who want to eat animal-free foods.

Omega 3 vegan DHA & EPA 450

- Contains high-dose EPA and DHA from a plant-based vegan source (microalgae *Schizochytrium* sp.)
- Daily intake of 250 mg EPA and DHA supports normal heart function
- Daily 250 mg DHA contributes to the maintenance of normal brain function
- Daily 250 mg DHA contributes to the maintenance of normal vision

Possible applications

- For the daily supply of essential polyunsaturated fatty acids from purely vegetable sources
- For vegetarians and vegans for a targeted supply of the omega-3 fatty acids EPA and DHA
- To support normal heart function
- To maintain normal brain and visual function

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Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colouring and flavouring
- Gluten-free
- Lactose-free
- 100 % vegan
- Hypoallergenic
- Tested quality

INGREDIENTS per daily dose	3 capsules	% NRV*
Oil from microalgae Schizochytrium sp.	3000 mg	-
containing: docosahexaenoic acid (DHA)	900 mg	-
containing: eicosapentaenoic acid (EPA)	450 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

DHA and EPA-rich oil from the microalgae Schizochytrium sp., Capsule shell (modified starch, humectant: glycerol), sunflower oil, antioxidants: extracts of rosemary, tocopherol-rich extract, ascorbyl palmitate.

RECOMMENDED DOSAGE

3 capsules daily taken with a meal and plenty of liquid. Pregnant and breastfeeding women: Take 1 capsule daily with plenty of liquid with a meal.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

90 capsules (pack for 1 month), 126 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version:



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