

# ImmunoMyk®



## Reishi and shiitake: extracts with tradition

Vital mushrooms such as reishi (*Ganoderma lucidum*) and shiitake (*Lentinula edodes*) have a tradition going back more than a thousand years and are of great importance in Asia. The use and knowledge of these mushrooms developed independently in Japan, China and India.

## ImmunoMyk®: Vital mushrooms plus immune nutrients

In order to ward off external influences and stay healthy, our organism has an effective protective system with efficient defense mechanisms: the immune system. A balanced diet, plenty of outdoor exercise and a balanced psyche are essential prerequisites for a resilient, healthy immune defense. However, the body often needs additional external support. Here, selected micronutrients such as vitamin C, zinc and E can help to support the body's own defenses.

ImmunoMyk® combines mushroom extracts from reishi and shiitake with plant-based vitamin C from acerola and camu camu fruit extract as well as vitamin E and zinc. Taken in a targeted manner, the vitamin C and zinc contained in ImmunoMyk® is a nutritional measure for maintaining the body's immune system, especially in times of increased stress.

## \*Micronutrients to support the immune system:

- Vitamin C contributes to the normal function of the immune system and to the reduction of tiredness and fatigue
- Zinc supports the normal function of the immune system
- Zinc, vitamin C and vitamin E help to protect the cells from oxidative stress.

## Possible uses:

- For nutritional-physiological support of the body's own defenses
- For targeted intake in times of increased physical and mental stress
- For the intake of quality extracts from Reishi and Shiitake

## Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colorants and flavorings
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100% vegan

**Biogena GmbH & Co KG**  
Strubergasse 24, A-5020 Salzburg, [biogena.com](http://biogena.com)

Part of the  
Biogena Group



**Toll-free Infoline Austria:** T +43 662 23 11 11, [info@biogena.com](mailto:info@biogena.com)  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, [deutschland@biogena.com](mailto:deutschland@biogena.com),  
[italien@biogena.com](mailto:italien@biogena.com), [worldwide@biogena.com](mailto:worldwide@biogena.com)  
**Infoline Switzerland:** T +41 43 215 20 59, [schweiz@biogena.com](mailto:schweiz@biogena.com)

Online orders: [biogena.com](http://biogena.com)



**BIOGENA**  
WELCOME TO YOURSELF

- Tested quality

INGREDIENTS per daily dose	3 capsules	% NRV*
Reishi extract	240 mg	-
Shiitake extract	240 mg	-
Acerola fruit juice powder	300 mg	-
Camu-camu extract	300 mg	-
<i>contains vitamin C from acerola and camu-camu</i>	<i>110 mg</i>	<i>138</i>
Vitamin E	30 mg	250
Zinc	7.5 mg	75

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Acerola fruit juice powder, camu-camu fruit extract, hydroxypropyl methyl cellulose (capsule shell), reishi mushroom extract, shiitake mushroom extract, D-alpha tocopheryl acetate, zinc-D-gluconat.

## RECOMMENDED DOSAGE

3 x 1 capsule daily taken at meal times with plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## PACKAGE SIZE AND CONTENT

90 capsules (1 month supply), 42 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 21.03.2024



**Biogena GmbH & Co KG**  
Strubergasse 24, A-5020 Salzburg, biogena.com

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**Toll-free Infoline Austria:** T +43 662 23 11 11, info@biogena.com  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, deutschland@biogena.com,  
italien@biogena.com, worldwide@biogena.com  
**Infoline Switzerland:** T +41 43 215 20 59, schweiz@biogena.com

Online orders: [biogena.com](https://biogena.com)

