

# Best Age Superior



## Happiness lies in old age.

The biological clock is ticking - for each and every one of us. But that's no reason to let your hair grow gray! After all, according to a study, we are happiest between the ages of 58 and 77. In order to be able to enjoy the "autumn of life" as long as possible in a fit and vital state, we should ideally start to influence our biological age (= physical age) at a young age. In addition to regular exercise, abstaining from stimulants, sufficient space for relaxation and a good dose of optimism, nutrition also plays a central role in "good ageing". Even late bloomers should bear this in mind: It's never too late to take your biological age into your own hands.

## Best Age Superior - Say Welcome to the Best Days of your Life

BIOGENA Best Age Superior is an exclusive all-in-one solution for people before and in their "Golden Years" that shines with 24 top-class ingredients. The exclusive all-in-one formula combines the natural substances alpha-ketoglutarate, EGCG, spermidine, fisetin, bitter melon, ginseng, glucosamine sulphate, sulforaphane, ellagic acid, rutin and saffron extract, our cherry-on-top! In addition, a total of eleven substances are used in the form of innovative branded raw materials: These include resveratrol (Veri-te™) and the chemically related pterostilbene (Silbinol®) as well as OPC (exGrape® SEED), betaine (DuraBeet®), ubiquinol (KANEKA Ubiquinol™), microencapsulated NADH (Panmol®NADH), melon juice concentrate (EXTRAMEL®), as well as berberine (Berbevis™) and quercetin (Quercefit®), which are produced using patented Phytosome® technology and offer 10 times and 20 times higher bioavailability respectively. 20 times higher bioavailability respectively.

Vegan hyaluronic acid (Greenluronic®) and high-quality fish collagen (Naticol®) give the premium formula the beauty & glow extra. The complex is rounded off with the two micronutrients chromium and niacin. While niacin supports the function of the nervous system and energy metabolism, chromium contributes to the maintenance of normal blood sugar levels. BIOGENA Best Age Superior - give ageing a twinkle in your eye.

## Best Age Superior

- State-of-the-art product thanks to innovative natural and plant substances - including alpha-ketoglutarate, spermidine, fisetin and EGCG from green tea extract.
- Enhanced with eleven premium brand raw materials - including NADH in the form of Panmol® NADH, quercetin from Quercefit®, resveratrol in the form of Veri-te™ or pterostilbene from Silbinol®.
- Niacin supports normal energy metabolism, contributes to the normal functioning of the nervous system and the psyche and helps to reduce tiredness and fatigue.
- Chromium supports the maintenance of normal blood sugar levels.

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## Possible uses

- To support cellular energy supply and normal blood sugar levels
- For the targeted supply of alpha-ketoglutarate as well as secondary plant substances and plant extracts

## Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colorants and flavorings
- Gluten-free & lactose-free
- Vegetable capsule shell (Vcaps®)
- Tested quality

INGREDIENTS per daily dose	6 capsules	% NRV*
Niacin (mg NE)	48 mg	300
Chromium	40 µg	100
Soybean extract	375 mg	-
<i>containing: spermidine</i>	0.75 mg	-
Cotinus coggygria extract	167 mg	-
<i>containing: Fisetin</i>	50 mg	-
Ginseng extract	100 mg	-
<i>containing: ginsenosides</i>	5 mg	-
Pomegranate extract	100 mg	-
<i>containing: ellagic acid</i>	40 mg	-
Green tea extract	83 mg	-
<i>containing: Epigallocatechin gallate</i>	50 mg	-
Bitter melon extract	75 mg	-
Broccoli extract	75 mg	-
<i>containing: Sulforaphane</i>	7.5 mg	-
Berberine-phospholipid blend (Berbervis™)	67 mg	-
<i>containing: berberine</i>	20 mg	-
Quercetin-phospholipid (Quercefit®)	50 mg	-
<i>containing: quercetin</i>	20 mg	-
Pterocarpus marsupium (Silbinol®)	40 mg	-
<i>containing: Pterostilbene</i>	2 mg	-
Saffron extract	15 mg	-
Melon juice concentrate (Extramel®)	10 mg	-
Grape seed extract (exGrape® SEED)	10 mg	-
<i>containing: oligomeric proanthocyanidins (OPC)</i>	4 mg	-
Collagen (Naticol®)	1200 mg	-
Alpha-ketoglutarate	100 mg	-
Glucosamine sulphate	75 mg	-
Tremella extract (Greenluronic®)	62 mg	-
<i>containing: Hyaluronic acid</i>	50 mg	-
trans-Resveratrol (Ver-ite™)	60 mg	-
Ubiquinol (KANEKA UBIQUINOL™)	30 mg	-
Betaine (DuraBeet®)	25 mg	-
NADH (PANMOL® NADH)	10 mg	-
Rutin	10 mg	-

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**BIOGENA**  
WELCOME TO YOURSELF

## INGREDIENTS

**fish** collagen, hydroxypropyl methyl cellulose (capsule shell), **Soybean** extract, bulking agent: powdered cellulose, Cotinus coggygia extract, calcium alpha-ketoglutarate, ginseng extract, pomegranate extract, ubiquinol (contains **soybean**), NADH, glucosamine sulphate (**crustaceans**), green tea leaf extract, broccoli extract, bitter melon extract, Berberine-phospholipid blend [Berberis aristata extract (contains berberine), pea protein, sunflower lecithin, grape seed extract], tremella fuciformis extract, trans-resveratrol, quercetin-phospholipid [quercetin (from Sophora japonica), sunflower lecithin, maltodextrin], nicotinamide, Pterocarpus marsupium extract, betaine, saffron extract, rutin, grape seed extract, melon juice concentrate, chromium picolinate.

## RECOMMENDED DOSAGE

3 x 2 capsules daily taken at meal times with plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## IMPORTANT NOTICE

Consume a maximum of 800 mg epigallocatechin gallate per day. Pregnant or breastfeeding women and children under the age of 18 should not consume the product. The product should not be taken on an empty stomach or on the same day as other products containing green tea. Products containing trans-resveratrol should only be consumed under the supervision of a doctor if taken at the same time as medication.

## PACKAGE SIZE AND CONTENT

180 capsules (1 month supply), 112 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. PANMOL® is a trademark of vis vitalis gmbh, registered in Austria. Silbinol® is a registered trademark of Sabinsa Europe. Extramel® is a trademark of the Robertet Group. Berbevis™ and Quercefit® are trademarks of INDENA S.P.A., Italy. Greenluronic® is a registered trademark of Vivatis Pharma GmbH. Veri-te™ is a trademark of Evolve AG. exGrape® SEED is a trademark of Grap'Sud. DuraBeet® is a trademark of AGRANA. KANEKA Ubiquinol™ is a registered trademark of KANEKA Corp. Subject to print or typographical errors. Version: 21.2.2024.



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